

Let's taste it! Plan, Shop, Pack List: Granola

Ingredients

- Nonstick cooking spray
- 3 cups rolled oats
- 1 cup chopped pecans
- 1/3 cup maple syrup
- 1/4 cup vegetable oil
- 1 tablespoon ground cinnamon
- 2 teaspoons vanilla extract
- 1 cup dried cranberries

Disposable Supplies

- 3 ounce cups (1 per student)
- Plastic spoons (1 per student)
- Napkins
- Sealable plastic bags in a variety of sizes
- Aluminum foil
- Plastic wrap

Prepare before class

- Print copies of the recipe (1 per student).

Equipment

- 1 cutting mat
- 1 chef's/utility knife
- 2 large bowls
- 1 set of measuring cups
- Serving tray
- 2 vinyl tablecloths
- Dish pan
- Dish cloth
- Kitchen towels
- Large baking sheet
- Small sauce pan

Equipment (cont.)

- 1 large mixing spoon
- 1 set of measuring spoons
- 1 liquid measuring cup

Cleaning supplies

- Hand sanitizer
- Hand soap
- Paper towels
- Sanitizing wipes or spray
- Dish soap
- Trash bags

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Educator: _____

Group Name: _____

of participants in group: _____ **Date of lesson:** _____

Notes: _____
