

Let's Taste It! Plan, Shop, Pack List:

National vs. Store Brand

Ingredients

National brand food item
(specify below)

Store brand food item of the
same size as the national
brand (national brand's
counterpart) (specify below)

Disposable Supplies

Napkins

Paper/plastic cups (2 per
student)

Plastic spoons (1 per
student)

Plastic wrap or paper towels

Prepare Before Class

Write the cost and the unit
price of each food item on
the bottom of the container.

Label 1 cup for each student
"A." Label 1 cup for each
student "B."

Place a small portion of the
store brand food into an "A"
cup for each student. Place a
small portion of the national
name brand food into a "B"
cup for each student. Cover
the cups with plastic wrap or
paper towels.

Pack recipe tasting materials:

Serving tray
Food item containers
Filled cups

Cleaning Supplies

Hand sanitizer

Hand soap

Paper towels

Sanitizing wipes or spray

Dish soap

Trash bags

Educator: _____

Group Name: _____

of participants in group: _____ **Date of lesson:** _____

Notes: _____
